

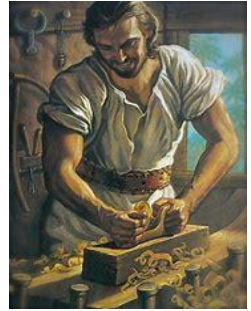


PARISH COMMUNITY OF ST. JOSEPH

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April 6th, 2025

5th Sunday of Lent

APRIL 6TH, 2025 †		
REV. DOUGLAS MACDONALD – PASTOR CHAPLAIN CAPE BRETON UNIVERSITY Rev. Mr. Roy Smith, Deacon roy.smith@hotmail.ca	<u>Leadership Ministry Team</u> Pam Hall- Secretary /Faith Formation, Cavell Young – Bookkeeping, Cathy MacDonald- Liturgy, Monica Shebib- Baptism, / Bereavement/Funeral Team, Lana Verschuren- Finance	OFFICE HOURS: TUES., WED. THURS, – 9AM– 1 PM TEL: 902 -794-3951

ST. JOSEPH PARISH NEXT WEEK *Mass Intentions*

Date	Location	Time	Details	<i>FOR THE WEEK</i>
Mon. April 7th	St. Joseph Hall	11 am	Mass & Adoration	For all Blessings Received
Tues. April 8th	St. Joseph Hall	11 am	Mass	For Irenalyn Floresca Nedams
Wed. April 9th	St. Joseph Hall	6:30 pm	Lecture Series “How do we deal with grief when someone we love dies”	
Thurs. April 10th	Holy Family (Sydney Mines)	9am		
Fri. April 11th	Holy Family (Sydney Mines)	9am		
Sat. April 12th	St. Joseph Church	4pm		For Greater Awareness of the Blessed Sacrament
Sun. April 13th	St. Joseph Church	10 am		For All Parishioners

Ministries	4 pm Mass Saturday, April 12th	10 am Mass Sunday, April 13th
SACRISTAIN & LINENS	Deacon Roy Smith, Team	Deacon Roy Smith, Team
CHOIR	St. Joseph Choir	Alan Gale
GREETERS	Ann Sampson, Ellen McNamara	Bob Jardine, Pam Hall
USHERS	Men and Women of the Parish	Men and Women of the Parish
LECTORS	Tomsy Thomas, Jude Rankin	Joan Byers, John Ratchford
PRESENTATION OF GIFTS	Parishioners	Parishioners
EXTRAORDINARY MIN. OF HOLY COMMUNION	Lisa Brown, Lloyd Brewer	George Quirk, Joan Skinner
Interior Church (cleaning)	Volunteer Team	Volunteer Team
EXTERIOR SERVICE (SHOVELING)	Fr. Doug	Hunter Hill
RINGING OF BELLS		Dave Williams

PARISH NEWS

Visitation to Hospital/Nursing Homes

Relatives or friends of persons in hospital or nursing homes are asked to contact the parish to arrange for spiritual/pastoral care.

Delivering Meals to Neighbors?

Do you know a neighbor or relative or person that could use a meal? Consider coming to St Joseph Hall the 4th Wednesday of each month and picking up meals and bringing to people you know. Each bagged meal includes a healthy well-balanced lunch.

Adoration

There will be Adoration of the Blessed Sacrament on Monday April 7th after the 11 am mass.

Mass of Chrism

The Mass of Chrism will be celebrated on April 14th at 3pm at St. Ninian Cathedral, Antigonish. All are welcome to attend.

Recitation of the Rosary

Please join us the weekend of April 5th & 6th, one half hour before mass, as we pray the rosary to Our Blessed Mother.

Northside All Day Confessions for Lent

Make your Lenten/Easter Confession on Saturday April 12 at St. Joseph Church in North Sydney from 10 am to 4 pm. Priests of the Northside will be present.

Holy Week Mass Times

Holy Thursday, April 17th at 7 pm, Adoration 8:00-9:00 PM
Good Friday, April 18th at 3 pm
Easter Vigil, April 19th at 8 pm (NOTE: there will be **NO 4 PM** mass)
Easter Sunday, April 20th at 10 am

Stations of the Cross

Please join us on Friday, April 11th at 3 pm for the Stations of the Cross.

Easter Lilies

Anyone wishing to donate lilies for Easter, please have them delivered to the parish office, during office hours 9-1, on Thursday, April 17th. Thank you.

Adoration of the Blessed Sacrament

Please come and adore Jesus in the Blessed Sacrament on Holy Thursday, April 17th from 8-9 pm. Please spend this sacred time with our Lord at the altar of repose immediately following the mass of the Last Supper.

Confirmation Practice

There will be a confirmation practice on Sunday April 27th after the 11am mass for all candidates, parents and sponsors. All candidates are required to attend as this will be the only practice before confirmation on May 2nd.

2025 St. Joseph Lenten Lecture Series

St. Joseph Parish North Sydney is hosting a lecture asking: **“How do we deal with grief when someone we love dies?”**

By: Psychologist Frank Unger, Wednesday, April 9th at 6:30 pm.
Refreshments and all are welcome. <http://bfoch.ca>

Biography Lenten Lecture Speaker

Frank Unger is a Mental Health Consultant that specializes in helping support individuals identify and navigate various life challenges to help them create a more balanced life. With over a decade of experience in the spiritual and mental health fields, he provides a well balanced approach to assist individuals in moving from a traumatic space into a more dynamic and healing environment. He is currently pursuing a Doctorate of Psychology, and is passionate about providing practical support and tools for emotional healing.

As human beings we have been shaped with a strong innate desire to connect with others since “it is not good for man to be alone”, and because of this powerful drive we form strong connections with others. When those bonds are broken by death, a part of ourselves is lost forever. If we are not careful to treat those wounds properly and honor what was and what is, we can find ourselves lost in death’s shadow. In this presentation, Frank will address this reality in a compassionate way that brings healing light to this dark experience, discuss some effective strategies for coping with loss, and explore how a loving relational embrace will eventually transform grief from an isolating experience into one that allows new bonds to be formed.

COLLECTIONS~ THANK YOU! MARCH 30TH

Envelopes		1660.00
Loose Cash		345.00
Fuel		130.00
Candles		30.00
Pre-Authorized Debit		750.00
Total		2915.00
Hall		197.00
Church Improvement		20.00

Ways to Donate

Pre-Authorized Debit: please call the office to get started.

To donate by credit card, google pay or PayPal click:

<https://www.canadahelps.org/en/charities/st-josephs-parish-north-sydney/>

Lent 2025 online: Read Bishop Kirkpatrick's Lenten letter, Lenten message of Pope Francis, and a weekly reflection from diocesan hermit Sheila O'Handley, plus CCCB Journey Through Lent videos and more:

<https://www.antigonishdiocese.com/lent-2025/>

Divine Mercy Novena

St. Marguerite Bourgeoys parish is pleased to invite you to participate in the Divine Mercy Novena on Sunday, April 27 at 2pm.

Countless graces and favors have been received through St. Faustina's intercession. Music ministry will be provided by Pat Moore.

Dying with Christ – Living with Hope

This is a three-video series seeking to demystify the dying process, making way for a new approach to end of life questions. The discussion, led by theologians and healthcare professionals, will give timeless perspectives on suffering, grief, dying, and our duty to care.

Offered by the Christian Medical and Dental Association of Canada via Zoom on March 6, 2025 at 1 pm (Atlantic)

For details and to register:

<https://www.antigonishdiocese.com/providing-hope/>

CWL

There will be a CWL meeting on Monday April 14th at 7pm in the Church Hall.

Community

Tea and Talk

Sydney Tuesday, April 15, 2025 1:30 -3:30 pm

An invitation to join with other women to share TEA and TALK at Holy Redeemer Convent 24 Neville St. Whitney Pier, just behind the Pier Post Office.

This invitation is open to women of all ages. This is an attempt to provide an opportunity for women to join with others to simply share a cup of tea and to experience the joy of being together. For further information phone 902 270 4840 or 902 539 6331.

News Story

<https://beapriest.ca/documents/2024/4/Meet%20Our%20New%20Priests%20Nov%202023.pdf>

<https://www.cardus.ca/research/why-religious-tax-exemptions-benefit-all-canadians/>

<https://www.catholicnewsagency.com/news/262843/canadian-bishops-condemn-government-proposal-to-strip-faith-groups-of-charitable-status>

https://images.hallow.app/quotes/en_2025-04-03.png

Catholic Marriage Prep:

<https://catholicmarriageprep.com/dioceses-and-parishes/webisodes-conversations-with-agape/>

Quote of the Week

“It is very hard to convince those whose lives are dominated by feeling that faith has nothing whatever to do with emotion. Nor does it have anything to do with “feeling good,” because very often faith recommends something that is very difficult, such as taking up a cross.”

Venerable Archbishop Fulton Sheen

Peace Be with You and Have a Great Week

