



PARISH COMMUNITY OF ST. JOSEPH

P.O. Box 338 34 ARCHIBALD AVE. NORTH SYDNEY, N.S. B2A 3M4

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Northsydneyparish.com holycrosscemetaryns.com



February 1st, 2026

4th Sunday in Ordinary Time

FEBRUARY 1ST, 2026 †

REV. DOUGLAS MACDONALD – PASTOR
CHAPLAIN CAPE BRETON UNIVERSITY
Rev. Mr. Roy Smith, Deacon
roy.smith@hotmail.ca

Leadership Ministry Team

Pam Hall- Secretary /Faith Formation, Cavell Young – Bookkeeping, Cathy MacDonald- Liturgy, Monica Shebib- Baptism, / Bereavement/Funeral Team, Lana Verschuren- Finance

OFFICE HOURS:

TUES., WED. THURS.-9AM- 1 PM

TEL: 902 -794-3951

ST. JOSEPH PARISH NEXT WEEK

Mass Intentions
FOR THE WEEK

Date	Location	Time	Details	
Mon. Feb.2nd	St. Joseph Hall	11am	The Presentation of the Lord	Shaun McNamara
Tues Feb. 3rd	Personal Mass			Personal Mass
Wed. Feb.4th	Personal Mass			
Thurs. Feb.5th	Personal Mass		St. Agatha	
Fri. Feb. 6th	Personal Mass		St Paul Miki	
Sat.Feb. 7th	St. Joseph Hall	4pm		
Sun. Feb. 8th	St. Joseph Hall	10 am		For All Parishioners

Ministries	4 pm Mass Saturday, February 7th	10 am Mass Sunday, February 8th
SACRISTAIN & LINENS	Deacon Roy Smith, Team	Deacon Roy Smith, Team
CHOIR	St. Joseph Choir	Alan Gale
GREETERS	Paula LeBlanc, Sally Ryan	Susan & Gary Burton, Pam Hall
USHERS	Men and Women of the Parish	Men and Women of the Parish
LECTORS	Ellen McNamara, Charlotte Monroe	John Ratchford, Ken MacDonald
PRESENTATION OF GIFTS	Parishioners	Parishioners
EXTRAORDINARY MIN. OF HOLY COMMUNION	Lloyd Brewer	George Quirk
Interior Church (cleaning)	Volunteer Team	Volunteer Team
EXTERIOR SERVICE (SHOVELING)	Fr. Doug	Hunter Hill
RINGING OF BELLS		Dave Williams

PARISH NEWS

Tax Receipts

Tax receipts for 2025 are now available for pick-up at the office, Tuesday to Friday or during the weekend masses.

Weekday Mass Cancellation

Just a reminder that when school is cancelled, due to bad weather, weekday mass will also be cancelled.

Modules for First Communion and Penance (Confession)

The modules for children making the sacrament of Penance will begin on **February 1st** and continue to **March 1st**. For the children making the sacrament of First Eucharist, the modules will begin on **March 29th** and continue until **May 3rd**. These classes are half an hour long and

are an important part of preparing your child to receive the sacraments. Classes are held on Sundays at 11am downstairs in the Parish Hall. If you have any questions, please call the office at (902) 794-3951

RCIA Sessions

The RCIA session for this month will be this Sunday February 1st after the 10am Mass in the Parish Hall. These sessions are held on the first Sunday of each month.

First Fridays

Communion for shut-ins will be on Friday February 6th.

Lenten Lecture Series

This Lent we decided to host a few spiritual workshops in place of the lectures. Everyone is welcome to come on Sat. March 7th from 10 until

12 and Sat. March 14th, from 10 until 12 with a back- up date of March 21st if there is a snow day. All are welcome and invited to sign up so we have enough food and free copies of resources. Sign up is with Pam, the parish secretary.

Celebration of the Feast of St. Blaise & World Day of the Sick

At the week-end masses, of Feb. 7th and 8th, St. Joseph Parish will hold a combined celebration of the Feast of St. Blaise (Feb. 3rd) and World Day of the Sick (Feb. 11th) with prayers to Our Lady of Lourdes and blessing of the throats, for those who would like to have it done. The following prayer for the sick will be prayed, and the Blessing of the Throats will be done after mass.

Prayer for the Sick

O' Blessed Lady of Lourdes, You gave us the spring of life.
Your waters have cured the sick and those who suffer from strife.
In times of worry and doubt You refresh us with your hope.
When relief seems far from sight You teach us how to cope.
O lovely Lady in white, stay beside us, this we pray.
Send your Son to heal us and be with us each day. **Amen**

THE MANY FACES OF CHRISTIAN PRAYER

You are invited to join us for two sessions on prayer and the many ways we can come to God in our prayer.

Saturday, March 7, 2026 from 10:00 until 12:00

Saturday, March 14, 2026 from 10:00 until 12:00

(Weather Date if needed) Saturday, March 21, 2026 from 10:00 until 12:00 . Sessions will be held at St. Joseph's Parish Hall, 34 Archibald Ave. North Sydney

Sessions are facilitated by members of the Cape Breton Local of the Atlantic Association of Spiritual Directors. There is no fee although a donation is welcomed. **Registration is required to reserve your space.**

To register, **please contact**: one of the below with your name and phone number :

Gary Fancey (gafancey@netscape.net) (902-862-7580) or

Julia Townsend (juliat@eastlink.ca) (902-562-8423)

St. Joseph's Parish Office (902-794-3951)

COLLECTIONS~ THANK YOU! JANUARY 25TH, 2026

Envelopes		1265.00
Loose Cash		325.00
Fuel		35.00
Initial Offering		20.00
Pre- Authorized Debit		750.00
Total		2395.00
Hall		540.00
Church Improvement		50.00

7 Ways to Donate :

Send a cheque donation: St Joseph Parish

P.O. Box 338 34 Archibald Ave. North Sydney, N.S. B2A 3M4

E-transfer: Email a donation to the parish email address: stjoseph2006@ns.aliantzinc.ca**Credit card, or debit card:**
Please come into the parish office to complete your donation.

Parish Envelopes: Please see the office or ask us at mass for your own personal box of donation envelopes.

Hall Fund Envelopes: 100% of Donations to the St. Joseph Hall Fund stay in North Sydney and are spent locally. They are available throughout the Church.

Pre-Authorized Debit: Please bring a void cheque and call the office to get started.

Cash Donations: All cash donations given directly at the office get a tax receipt. Loose cash donated at mass is locked in security bags by two screened volunteers and the total amount is posted each week in the bulletin.

Diocesan

World Day of Prayer for Consecrated Life - February 2

The Feast of the Presentation of the Lord commemorates the presentation of Jesus in the Temple forty days after His birth. The Feast is also the occasion of the World Day of Consecrated Life, an opportunity for gratitude and renewal for all consecrated men and women.

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day, the day on which candles are blessed, symbolizing Christ, the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life highlights the gift of consecrated persons for the whole Church.

Medjugorje Pilgrimage, April 26 - May 6, 2026 with Fr. Andrew Gillies and Rhonda-Lynn Cormier (group leader). \$2,899. (return flights from Halifax). Single supplement \$350 (if available). Included in price: airfare, ground travel in Europe, two meals a day, professional Medjugorje guide, two days of excursions to the UNESCO city of Mostar and a local village Surmanci — Divine Mercy Chapel.

Contact: rhonda_lynn_c@hotmail.com or (902)448-3660

Community

World Day of Prayer

World Day of Prayer 03-06-2026: St. John the Baptist Anglican Church, 24 King Street, North Sydney will be hosting the World Day of Prayer Service for 2026 on Friday, March 6th, 2026 at 2:00 pm. This year's theme is "I Will Give You Rest: Come"! This Service is organized by the Nigerian World Day of Prayer Committee. A light lunch will follow the Service. For more information, please contact Phyllis Reno at 902-794-4881 or Donna MacDonald at 902-794-7796. All are welcome to attend."

Mobile Blood Donor Clinic for CBRM

The Antigonish Diocesan Council of the CWL is advocating for a mobile blood donation clinic in CBRM. One million new blood donors are needed over the next five years. The nearest clinic in Port Hawkesbury requires a 4-5 hour round trip. Parishioners, please write to the NS Premier, Minister of Health and Wellness, local MLAs, and MPs, and Dr Graham Sher, CEO Canadian Blood Services, 1800 Alta Vista Drive, Ottawa, Ontario K1G 4J5 urging support for this request.

KOC/CWL

Knights of Columbus Council 5109 of North Sydney will be having a pancake and sausage supper on February 17th at St. Joseph Parish Hall in Bras D'Or, from 4:30 to 7pm. Eat in only. No charge but donations will be accepted. Hope to see you there.

The CWL is asking for your help to keep the children in our community warm by donating hats, mittens and scarves. There will be a box in the Hall for these items. Ferris View Elementary School is very excited and expressed that the children's mittens get wet during recess and don't dry out in time for another visit outside. Thank you so much for your help.

CWL Meeting

There will be a CWL meeting on Monday Feb. 9th at 7pm in the Parish Hall. This month there will be a guest speaker, Stacy Ellis who will speak on the great things the North Sydney Food Bank is doing. All ladies of the parish are invited to attend.

Quote of the Week

"Have patience with all things, but chiefly have patience with yourself. Do not lose courage in considering your own imperfections, but instantly set about remedying them- every day begin a new task."

St. Francis de Sales

Peace Be With You and Have a Great Week