



PARISH COMMUNITY OF ST. JOSEPH

P.O. Box 338 34 ARCHIBALD AVE. NORTH SYDNEY, N.S. B2A 3M4

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Northsydneyparish.com holycrosscemetaryns.com



February 8th, 2026

5th Sunday in Ordinary Time

FEBRUARY 8TH, 2026 †

REV. DOUGLAS MACDONALD – PASTOR
CHAPLAIN CAPE BRETON UNIVERSITY
Rev. Mr. Roy Smith, Deacon
roy.smith@hotmail.ca

Leadership Ministry Team

Pam Hall- Secretary /Faith Formation, Cavell Young – Bookkeeping, Cathy MacDonald- Liturgy, Monica Shebib- Baptism, / Bereavement/Funeral Team, Lana Verschuren- Finance

OFFICE HOURS:
TUES., WED. THURS.-9AM- 1 PM
TEL: 902 -794-3951

ST. JOSEPH PARISH NEXT WEEK

Mass Intentions
FOR THE WEEK

| Date | Location | Time | Details | |
|-----------------|----------------------|---------|---------------------------|----------------------|
| Mon. Feb.9th | St. Joseph Hall | 11am | | Special Intention |
| Tues Feb. 10th | Personal Mass | | St. Scholastica | Personal Mass |
| Wed. Feb.11th | Northside Guest Home | 1:30 pm | | |
| Thurs. Feb.12th | Personal Mass | | | |
| Fri. Feb. 13th | Personal Mass | | | |
| Sat.Feb. 14th | St. Joseph Hall | 4pm | St. Cyril & St. Methodius | |
| Sun. Feb. 15th | St. Joseph Hall | 10 am | | For All Parishioners |

| | | |
|--------------------------------------|-----------------------------------|----------------------------------|
| Ministries | 4 pm Mass Saturday, February 14th | 10 am Mass Sunday, February 15th |
| SACRISTAIN & LINENS | Deacon Roy Smith, Team | Deacon Roy Smith, Team |
| CHOIR | St. Joseph Choir | Alan Gale |
| GREETERS | Ann Sampson Rebecca Gracie | Bob Jardine, Pam Hall |
| USHERS | Men and Women of the Parish | Men and Women of the Parish |
| LECTORS | Carolyn Aker, Jennifer Buffett | Helen Gray, Lynn Hamilton |
| PRESENTATION OF GIFTS | Parishioners | Parishioners |
| EXTRAORDINARY MIN. OF HOLY COMMUNION | Joe Tobin | Joan Skinner |
| Interior Church (cleaning) | Volunteer Team | Volunteer Team |
| EXTERIOR SERVICE (SHOVELING) | Fr. Doug | Hunter Hill |
| RINGING OF BELS | | Dave Williams |

PARISH NEWS

Tax Receipts

Tax receipts for 2025 are now available for pick-up at the office, Tuesday to Friday or during the weekend masses.

Weekday Mass Cancellation

Just a reminder that when school is cancelled, due to bad weather, weekday mass will also be cancelled.

Modules for First Communion and Penance (Confession)

The modules for children making the sacrament of Penance will begin on **February 1st** and continue to **March 1st**. For the children making the sacrament of First Eucharist, the modules will begin on **March 29th** and continue until **May 3rd**. These classes are half an hour long and are an important part of preparing your child to receive the sacraments.

Classes are held on Sundays at 11am downstairs in the Parish Hall. If you have any questions, please call the office at (902) 794-3951

Ash Wednesday Mass Times

Ash Wednesday February 18th, there will be mass at 11am and again at 6:30 pm in the Parish Hall.

Blessed Palm

If anyone in the parish has any extra Palm they are not using, could you bring it in and place it in the box provided in the Parish Hall. It will be burnt and distributed on Ash Wednesday. Thank You.

Lenten Lecture Series

This Lent we decided to host a few spiritual workshops in place of the lectures. Everyone is welcome to come on Sat. March 7th from 10 until 12 and Sat. March 14th, from 10 until 12 with a back- up date of March

21st if there is a snow day. All are welcome and invited to sign up so we have enough food and free copies of resources. Sign up is with Pam, the parish secretary.

THE MANY FACES OF CHRISTIAN PRAYER

You are invited to join us for two sessions on prayer and the many ways we can come to God in our prayer.

Saturday, March 7, 2026 from 10:00 until 12:00

Saturday, March 14, 2026 from 10:00 until 12:00

(Weather Date if needed) Saturday, March 21, 2026 from 10:00 until 12:00 . Sessions will be held at St. Joseph's Parish Hall, 34 Archibald Ave. North Sydney

Sessions are facilitated by members of the Cape Breton Local of the Atlantic Association of Spiritual Directors. There is no fee although a donation is welcomed. **Registration is required to reserve your space.**

To register, **please contact**: one of the below with your name and phone number :

Gary Fancey (gafancey@netscape.net) (902-862-7580) or

Julia Townsend (juliat@eastlink.ca) (902-562-8423)

St. Joseph's Parish Office (902-794-3951)

Celebration of the Feast of St. Blaise & World Day of the Sick

At the week-end masses, of Feb. 7th and 8th, St. Joseph Parish will hold a combined celebration of the Feast of St. Blaise (Feb. 3rd) and World Day of the Sick (Feb. 11th) with prayers to Our Lady of Lourdes and blessing of the throats, for those who would like to have it done. The following prayer for the sick will be prayed, and the Blessing of the Throats will be done after mass.

Prayer for the Sick

O' Blessed Lady of Lourdes, You gave us the spring of life.
Your waters have cured the sick and those who suffer from strife.
In times of worry and doubt You refresh us with your hope.
When relief seems far from sight You teach us how to cope.
O lovely Lady in white, stay beside us, this we pray.
Send your Son to heal us and be with us each day. **Amen**

6 COLLECTIONS~ THANK YOU! JANUARY 31ST & FEB. 1ST

| | | |
|----------------------|--|---------|
| Envelopes | | 1625.00 |
| Loose Cash | | 320.00 |
| Fuel | | 70.00 |
| Expectant Mothers | | 25.00 |
| Initial Offering | | 40.00 |
| Pre-Authorized Debit | | 750.00 |
| Total | | 2830.00 |
| Hall | | 780.00 |
| Church Improvement | | 50.00 |

7 Ways to Donate :

Send a cheque donation: St Joseph Parish

P.O. Box 338 34 Archibald Ave. North Sydney, N.S. B2A 3M4

E-transfer: Email a donation to the parish email address:

stjoseph2006@ns.aliantzinc.ca

Credit card, or debit card:

Please come into the parish office to complete your donation.

Parish Envelopes: Please see the office or ask us at mass for your own personal box of donation envelopes.

Hall Fund Envelopes: 100% of Donations to the St. Joseph Hall Fund stay in North Sydney and are spent locally. They are available throughout the Church.

Pre-Authorized Debit: Please bring a void cheque and call the office to get started.

Cash Donations: All cash donations given directly at the office get a tax receipt. Loose cash donated at mass is locked in security bags by two screened volunteers and the total amount is posted each week in the bulletin.

Community

Sydney Tuesday, Feb. 17, 2026 1:30 -3:30 PM

An invitation to join with other women to share

TEA and TALK at Holy Redeemer Convent 24 Neville St.

Whitney Pier, just behind the Pier Post Office. This invitation is open to women of all ages. This is an attempt to provide an opportunity for women to join with others to simply share a cup of tea and to experience the joy of being together. For further information phone 902 270 4840 or 902 539 6331.

Sweet Serenade with the Cape Breton Chorale

Tea/Coffee/Sweets and Song

Sat. Feb 14th - two shows 1:00 P.M - 2:30 P.M. and 3:30 P.M. - 5:00 P.M. \$30 per person - Storm date is Saturday, February 21st.

United Heritage Church Hall. 500 Charlotte St., Sydney. Seating is limited and pre-purchase is recommended.

Call 902-270-2591 or buy online at capebretonchorale.com

World Day of Prayer

World Day of Prayer 03-06-2026: St. John the Baptist Anglican Church, 24 King Street, North Sydney will be hosting the World Day of Prayer Service for 2026 on Friday, March 6th, 2026 at 2:00 pm. This year's theme is "I Will Give You Rest: Come"! This Service is organized by the Nigerian World Day of Prayer Committee. A light lunch will follow the Service. For more information, please contact Phyllis Reno at 902-794-4881 or Donna MacDonald at 902-794-7796. All are welcome to attend."

CWL / KOC

CWL Meeting

There will be a CWL meeting on Monday Feb. 9th at 7pm in the Parish Hall. This month there will be a guest speaker, Stacy Ellis who will speak on the great things the North Sydney Food Bank is doing. All ladies of the parish are invited to attend.

The CWL is asking for your help to keep the children in our community warm by donating hats, mittens and scarves. There will be a box in the Hall for these items. Ferris View Elementary School is very excited and expressed that the children's mittens get wet during recess and don't dry out in time for another visit outside. Thank you so much for your help

KOC Pancake Breakfast

Knights of Columbus Council 5109 of North Sydney will be having a pancake and sausage supper on February 17th at St. Joseph Parish Hall in Bras D'Or, from 4:30 to 7pm. Eat in only. No charge but donations will be accepted. Hope to see you there.

Knights of Columbus – 4th Degree Invitation

The Knights of Columbus 4th Degree Assembly 797 Sydney River is now welcoming applications from all 3rd Degree Knights in good standing who feel called to deepen their commitment to the Order. The 4th Degree is recognized as the visible arm of the Catholic Church, adding the principle of *Patriotism* to the foundational pillars of *Charity, Unity, and Fraternity*.

Those interested in becoming a Sir Knight are encouraged to speak with their Council Grand Knight for further details.

The next 4th Degree Exemplification is scheduled for **Saturday, April 25th** in the Sydney area.

Quote of the Week

"Tenderness and mercy are the heart of the Gospel. Otherwise, one doesn't understand Jesus Christ, or the tenderness of the Father who sends Him to listen to us, to cure us, to save us."

Pope Francis

News Story

<https://www.todayville.com/canadas-liberal-govt-seals-millions-of-vaccine-injury-records-from-public-record-for-15-years/>

Peace Be With You and Have a Great Week